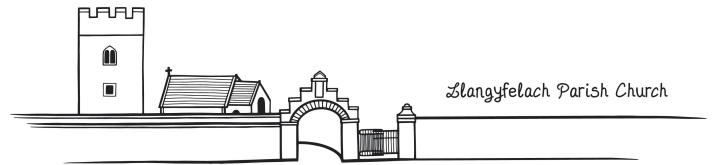
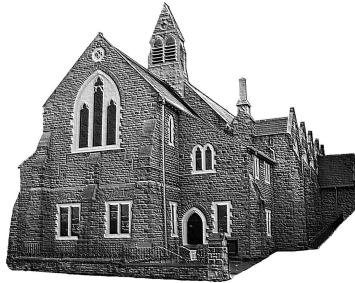


THE MINISTRY AREA OF Tawe Isaf

**(The Parishes of Morriston
& Llangyfelach with Clase)**



AN ORDER FOR THE PARISH EUCHARIST TO USE AT HOME

The Second Sunday after Trinity - 21st June 2020

In the name of God: Father, Son and Holy Spirit. **Amen.**

Grace and peace be with you:
and keep you in the love of Christ.

Heavenly Father, all hearts are open to you. No secrets are hidden from you. Purify us with the fire of your Holy Spirit that we may love and worship you faithfully, through Jesus Christ our Lord. Amen.

Lord, have mercy. **Lord, have mercy.**
Christ, have mercy. **Christ, have mercy.**
Lord, have mercy. **Lord have mercy.**

Our Lord Jesus Christ said "Come to me, all whose work is hard, whose load is heavy and I will give you rest"

A time for reflection on our lives : SILENCE

Let us together humbly confess our sins to God.

Merciful God, we have sinned in thought and word and deed: We are truly sorry, and repent and turn to you. Renew our lives by your Spirit in the image of Jesus Christ our Saviour, to the glory of your holy name. Amen.

Almighty God, who forgives all who truly repent, have mercy on us and set us free from sin, strengthen us in goodness and keep us in eternal life; through Jesus Christ our Lord. Amen

GLORIA IN EXCELSIS

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, Almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

6. THE MINISTRY OF THE WORD

Collect

Lord, you have taught us that all our doings without love are nothing worth: send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtues, without which whoever lives is counted dead before you. Grant this for your only Son Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen

Readings

Genesis 21.8-21

8 The child grew, and was weaned; and Abraham made a great feast on the day that Isaac was weaned. 9 But Sarah saw the son of Hagar the Egyptian, whom she had borne to Abraham, playing with her son Isaac. 10 So she said to Abraham, 'Cast out this slave woman with her son; for the

son of this slave woman shall not inherit along with my son Isaac.' 11The matter was very distressing to Abraham on account of his son. 12But God said to Abraham, 'Do not be distressed because of the boy and because of your slave woman; whatever Sarah says to you, do as she tells you, for it is through Isaac that offspring shall be named after you. 13 As for the son of the slave woman, I will make a nation of him also, because he is your offspring.' 14So Abraham rose early in the morning, and took bread and a skin of water, and gave it to Hagar, putting it on her shoulder, along with the child, and sent her away. And she departed, and wandered about in the wilderness of Beer-sheba. 15 When the water in the skin was gone, she cast the child under one of the bushes. 16Then she went and sat down opposite him a good way off, about the distance of a bowshot; for she said, 'Do not let me look on the death of the child.' And as she sat opposite him, she lifted up her voice and wept. 17And God heard the voice of the boy; and the angel of God called to Hagar from heaven, and said to her, 'What troubles you, Hagar? Do not be afraid; for God has heard the voice of the boy where he is. 18Come, lift up the boy and hold him fast with your hand, for I will make a great nation of him.' 19Then God opened her eyes, and she saw a well of water. She went, and filled the skin with water, and gave the boy a drink. 20 God was with the boy, and he grew up; he lived in the wilderness, and became an expert with the bow. 21He lived in the wilderness of Paran; and his mother got a wife for him from the land of Egypt.

This is the word of the Lord.

Thanks be to God.

Psalm 86.1-10, 16-end

1 Incline your ear, O Lord, and answer me, • for I am poor and in misery.

2 Preserve my soul, for I am faithful; • save your servant, for I put my trust in you.

3 Be merciful to me, O Lord, for you are my God; • I call upon you all the day long.

4 Gladden the soul of your servant, • for to you, O Lord, I lift up my soul.

5 For you, Lord, are good and forgiving, • abounding in steadfast love to all who call upon you.

6 Give ear, O Lord, to my prayer • and listen to the voice of my supplication.

7 In the day of my distress I will call upon you, • for you will answer me.

8 Among the gods there is none like you, O Lord, • nor any works like yours.

9 All nations you have made shall come and worship you, O Lord, • and shall glorify your name.

10 For you are great and do wonderful things; • you alone are God.

16 Turn to me and have mercy upon me; • give your strength to your servant and save the child of your handmaid.

17 Show me a token of your favour, that those who hate me may see it and be ashamed; • because you, O Lord, have helped and comforted me.

Romans 6.1b-11

What then are we to say? Should we continue in sin in order that grace may abound? 2By no means! How can we who died to sin go on living in it? 3Do you not know that all of us who have been baptised into Christ Jesus were

baptised into his death? 4Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life. 5 For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. 6We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. 7For whoever has died is freed from sin. 8But if we have died with Christ, we believe that we will also live with him. 9We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. 10The death he died, he died to sin, once for all; but the life he lives, he lives to God. 11So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

This is the word of the Lord.

Thanks be to God.

Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to St Matthew. **Glory to you, O Lord.**

24 'A disciple is not above the teacher, nor a slave above the master; 25it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household! 26 'So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. 27What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. 28Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. 29Are not

two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. 30And even the hairs of your head are all counted. 31So do not be afraid; you are of more value than many sparrows. 32 'Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; 33but whoever denies me before others, I also will deny before my Father in heaven. 34 'Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword. 35 For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law; 36 and one's foes will be members of one's own household. 37Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; 38and whoever does not take up the cross and follow me is not worthy of me. 39Those who find their life will lose it, and those who lose their life for my sake will find it.

This is the Gospel of the Lord.

Praise to you, O Christ.

THE SERMON

We find ourselves living in a day and age where people have made idols of different things without even knowing that they are doing it. Anything that you love more than God becomes an idol and society begins worshiping many different gods.

- the god of comfort and ease
- the god of self
- the god of convenience
- the god of material possessions

and the list goes on and on, things that take up your time, yet God is saying 'I must have first place in your life' so,

friends come along, start with stuff, come with, follow us, it will be fun, no worries then trouble... you get the blame.

In today's Gospel, Jesus reminds us that "whoever does not take up the cross and follow me is not worthy of me". It is amazing to note that in the first four books of the new testament 'Follow Me' is mentioned 20 times. So, let us go on a journey, let us pick up our cross, let us follow Him... If I asked "let me have a volunteer, come pick up a huge wooden cross and walk around for hours and hours with it across your shoulders, would I get a volunteer. Well as an optimist, I would like to say I indeed would, in fact I would receive a number of volunteers. But the question I would pose, is would the volunteer be able to carry the weight for prolonged periods and endure to the finish line? Possibly not. It's not easy. When Jesus needed to carry His cross, it began with agony and prayer, His sweat became as drops of blood, this process alone can make one weak and in shock, then arrested in the middle of the night, stood at a trial, hit in the face by a soldier. Blindfolded, mocked, spat on, struck numerous times in the face. The next morning, Jesus, battered, bruised, dehydrated, exhausted was then taken before Pilate. Condemned to brutality and crucifixion, He was stripped of His clothing, His hands tied to a post above His head. The whip brought down with full force again and again across his shoulders, back and legs. At first it cuts through the skin only, then it cuts deeper, producing blood from the veins under the skin, then arterial bleeding from the vessels in the underlying muscles, large deep bruises broken open. Finally, the skin is hanging and is an unrecognisable mass of torn bleeding tissue. He was then untied, covered with a robe mocking him as a King, a small bundle of branches with long thorns is pressed into His scalp, making the blood run rivers down His face. Finally, they tire, pull the

robe from his back (which was probably stuck to the open wounds causing more pain and fresh bleeding, it should be finished now but wait there is more...

The heavy beam of the cross is tied across His shoulders then he must walk, the weight together with the blood loss and shock is too much, He stumbles and falls, the wood rubbing His open wounds.

At Golgotha, the beam was placed on the ground, Jesus is thrown or pushed backwards with His shoulders against the wood. The soldier drives a heavy, square wrought-iron nail through the wrist and deep into the wood, he then moves to the other arm and does the same.

The beam is then lifted in place at the top of the posts. The sign 'King of the Jews' nailed in place. His left foot is pressed backward against the right foot, both feet extended, toes down, a nail is driven through the arch of both into the wood. As the arms get tired, waves of cramps crowd the muscles, knotting them in pain, cannot push down or pull upwards to relieve the pain, battles to breathe properly for hours, this goes on and on, the lungs fill up with serum and presses the heart, causing the heart to fail, and breathes out His last...

Yet Jesus says... follow me.

Now after hearing that I wonder what is our cross, what causes our afflictions, our hurts, pains if we do not look after it, what causes us not to worship Him. What Jesus did for us in that terrible journey to the cross, He did out of unconditional love for you and for me. Surely, it is that unconditional love for all of creation that we need to be professing from the top of our voices, that Jesus is Lord, Jesus endured the ultimate sacrifice for us all.

So today we must pick up our cross and follow Him, we come as we are; heavy laden with our emotion, worries,

stresses, and we draw closer to Him knowing that in Him all will be showered in love and care. Jesus is calling us to accept this challenge, are you willing and ready to do this for the one who died to save you from the darkness of deep sin and despair? Are you willing to accept and profess Jesus is Lord and share that love with others and build His Kingdom. **Amen**

AN AFFIRMATION OF FAITH - The Nicene Creed

We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father. God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven; by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF INTERCESSION

Heavenly Father, the light of your revelation brought the Disciples the gift of faith in Jesus your Son. Through their proclamations from the housetops many came to faith and so we give thanks for that faith we have inherited in Christ Jesus, and for having been enriched by him in knowledge and love.

Lord in your Mercy: **Hear our Prayer**

The Lord Jesus built his Church on the apostles. United with them, in faithfulness to the Gospel's teaching and way of life, we pray for our individual and communal roles in our Ministry Area. We pray for our John our Bishop and Archbishop, that he may grow in union with all the saints, share the zeal of the first Disciples, and lead us by the grace of the Holy Spirit,

Lord in your Mercy: **Hear our Prayer**

Heavenly Father we pray for all who, like the apostles, are persecuted for their faith, and for each of us, that we might be faithful when we are ridiculed or insulted for practising our religion. We pray for the poor and the oppressed, and those who live in war-torn parts of the world.

Lord in your Mercy: **Hear our Prayer**

Heavenly Father we pray for the sick and the suffering. For those undergoing treatments and surgery and those who have contracted the Coronavirus. For those convalescing and those who are recovered, that through the intercession of the apostles, that they may all experience the light of the Gospel,

Lord in your Mercy: **Hear our Prayer**

Heavenly Father we remember those who have been united to Christ in a death like his and those whose faith is known to you alone, and we pray that they will be united with Christ in his resurrection

Lord in your Mercy: **Hear our Prayer**

Heavenly Father we rejoice in the call to belong to the Church, to believe in the Gospel, and to be united with the successors of your Apostles.

Merciful Father: **Accept these prayers for the sake of your Son our Saviour Jesus Christ. Amen**

The peace of the Lord be with you always and God's people throughout the world.

Silence.

As our Saviour Jesus Christ taught us, we boldly pray:

**Our Father who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

Lord Jesus Christ, you draw and welcome us, emptied of pride and hungry for your grace, to this your kingdom feast. Nowhere can we find the food for which our souls cry out, but here, Lord, at your table. Invigorate and nourish us, good Lord, that in and through this bread and wine your love may meet us and your life complete us in the power and glory of your kingdom. Amen.

THE COMMUNION

A PRAYER OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

**Lamb of God, you take away the sins of the world:
have mercy on us.**

**Lamb of God, you take away the sins of the world:
have mercy on us.**

**Lamb of God, you take away the sins of the world:
grant us peace.**

Post Communion

Loving Father, we thank you for feeding us at the supper of your Son: sustain us with your Spirit, that we may serve you here on earth until our joy is complete in heaven, and we share in the eternal banquet with Jesus Christ our Lord. Amen

We thank you, Father, for feeding us with the body and blood of your Son in this holy sacrament, through which we are assured of the hope of eternal life. We offer ourselves to you as a living sacrifice. Keep us in the fellowship of his body, the Church, and send us out in the power of your Spirit to live and work to your praise and glory. Amen.

The blessing of God almighty, the Father, the Son, and the Holy Spirit, be among us and remain with us always. Amen.

Go in peace to love and serve the Lord.
In the name of Christ. Amen